



Camp Lutherhoma Summer 2022 Information Sheet

Kinetic, Force, Energy, and Dynamic Programs
lutherhoma@lutherhoma.com
918-458-0704.

Dear Parents,

Thank you for registering your child for camp! A camp experience is a tremendous chance for growth, fun, and enrichment. I hope everyone who attends Camp Lutherhoma grows in their faith, develops meaningful friendships, and experiences the beauty of God's Creation. We look forward to seeing you at camp!

In Christ,

John Busch, Camp Director

Before Your Week at Camp

- Read this information page including the Packing List.
- Tell a friend to join you at camp!
- Pay any remaining balance before your camp session begins. You can pay your balance by logging in to your camp account, mailing a check, or bringing your balance to camp check-in.

Packing List:

- Bedding- for at twin bed
- 6 sets of durable, comfortable play clothes, nothing dressy.
- Close-toed shoes- In order to avoid injuries to the feet, we prefer that all campers wear close-toed shoes only.
- Sandals
- Toiletries including shampoo, body wash, deodorant, toothbrush, toothpaste, hair brush.
- Pool towel and shower towel.
- Sunscreen and bug spray.
- Bible- any translation is fine.
- If your camper is rafting or kayaking for an adventure option they need a pair of RIVER SHOES
- When packing your clothes, especially swimsuits, please consider that as Christians we need to be modest with our appearance. We might ask campers to wear a t-shirt over their swimsuit.
- **Please leave at home:** radios, electronic devices, cell phones, tablets or other valuables. Campers should not bring cigarettes, tobacco products, alcohol, knives, or weapons.

Medication, Insurance, and Health Form

It is vital that all medications are correctly labeled and given to the health care staff during registration. For safety reasons the health care staff will keep all medicine in a safe location, except those that must be immediately available (i.e. inhalers, epi-pens).

Each camper is expected to have medical insurance with his/her family to cover accidents and illnesses. This information should be documented on your Health Form. This form will be vital to us as we care for your child. No camper can be admitted to camp unless this form is completed.

To update your child's health form and medication:

1. Log in to your camp account at www.lutherhoma.com
2. Click on the name of the child you want to update
3. Click My Forms, then Summer Health Form Camp Lutherhoma to review and make changes to the camper's health form
4. Click Medications to view or manage the camper's medications

Camp Check-In Sunday 3-5pm

Camper check in is Sunday from 3pm-5pm on the deck near the Dining Hall.

At check-in you can pay any balance due, turn in all medication to the medic, and add money to your child's camp store account, if you would like. You will also have an opportunity to visit the camp store to purchase apparel or souvenirs.

During Your Child's Week of Camp

While your child is at camp forming memories you can send encouraging emails through your online camp account!

To email your camper:

1. Login to your camp account at www.lutherhoma.com
2. Click on the envelope icon in the top right of your screen.
3. Click "Email a camper" and fill out the form. You can also allow family members to view photos or send emails by clicking "Friend Accounts".

You can also send physical letters to your camper. Postal mail can take a few days to arrive at camp. Please plan accordingly.

Camper Mailing Address:

{Camper Name}

{Camp Session}

PO Box 1672

Tahlequah, OK 74465

Closing Program Friday 2:30pm and Camper Check-Out

For camp sessions ending on Friday, parents, family, and friends are invited to attend our **Closing Program in the Outdoor Chapel at 2:30pm**. Closing Program is a great opportunity to experience the fun environment your campers have enjoyed during their week at camp! Near the Outdoor Chapel will be a check out tent where adults will confirm they are authorized to pick up their camper and gather any medications from the week.

Camp Lutherhoma Packing List

Clothing

- 6 sets of shorts and T-shirts
- Socks (pack extra!)
- Underwear
- Pajamas
- Closed-toe shoes (required)
- Sandals for shower and pool
- Rain jacket
- Swimsuit (no bikinis or speedos)
- Laundry bag for dirty clothes
- River Shoes- Campers who signed up for Rafting, Kayaking, or Wilderness need a pair of well-fitting water shoes or an old pair of tennis shoes for activities in the Illinois River. Crocs are not acceptable. While rafting and kayaking campers will wear a t-shirt with their swimsuits to prevent sunburn.

Cabin Items

- Sleeping bag or sheets and blanket for twin bed
- Pillow with pillowcase
- Bath towel and Pool towel
- Toiletries: shampoo, soap, deodorant, toothbrush & toothpaste
- Comb or hairbrush
- Toiletry bag- campers will carry these items to and from the bathhouse each day
- Sunscreen
- Bug spray
- Flashlight
- Bible (any translation is fine)

Optional Items

- Sunglasses
- Hat with brim
- Notebook and pen
- Book for rest time

Packing Tips

- When packing your clothes, especially swimsuits, please consider that as Christians we need to be modest with our appearance. Campers should avoid clothing that is immodest or revealing as well as clothing that could be offensive in language or graphics.
- Expect clothes to get dirty at camp, so don't pack anything too nice!
- Avoid mix-ups by labeling all items with your camper's name.
- **Please leave at home:** cell phones, radios, electronic devices, tablets, jewelry, cash, or other valuables. Campers should not bring cigarettes, tobacco products, alcohol, knives, or weapons.